

DECISION-MAKER:	SCRUTINY INQUIRY PANEL		
SUBJECT:	UNDERSTANDING THE RANGE OF LOCAL PROGRAMMES CURRENTLY UNDERWAY TO ADDRESS CHILDHOOD OBESITY		
DATE OF DECISION:	28 JANUARY 2020		
REPORT OF:	DIRECTOR – LEGAL AND GOVERNANCE		
<u>CONTACT DETAILS</u>			
AUTHORS:	Name:	Mark Pirnie Ravita Taheem	Tel: 023 8083 3886 023 8083 3020
	E-mail:	Mark.pirnie@southampton.gov.uk Ravita.taheem@southampton.gov.uk	
Director	Name:	Richard Ivory	Tel: 023 8083 2794
	E-mail:	Richard.ivory@southampton.gov.uk	
STATEMENT OF CONFIDENTIALITY			
None			
BRIEF SUMMARY			
<p>In accordance with the inquiry plan, for the fourth meeting of the ‘Tackling childhood obesity in Southampton Inquiry’ the Panel will be considering the range of local programmes currently underway to address childhood obesity. Key issues to be discussed include:</p> <ul style="list-style-type: none"> • What are the programmes for obesity prevention in the early years in Southampton? • What are the programmes for obesity prevention in schools in Southampton? • Examples of good practice in the approach to food and catering at school. 			
RECOMMENDATIONS:			
	(i)	The Panel is recommended to consider the comments made by the invited guests and use the information provided as evidence in the review.	
REASONS FOR REPORT RECOMMENDATIONS			
1.	To enable the Panel to compile a file of evidence in order to formulate findings and recommendations at the end of the review process.		
ALTERNATIVE OPTIONS CONSIDERED AND REJECTED			
2.	None		
DETAIL (Including consultation carried out)			
3.	For the fourth meeting of the inquiry the Panel will be developing their understanding of the range of local programmes currently underway to address childhood obesity.		
4.	A number of guests have been invited to provide the Panel with an insight into the issues:		

	<ul style="list-style-type: none"> • Darrin Hunter, Assistant Team Manager, Early Years and Childcare and Angela Elliott, Early Years Development Worker, will provide the Panel with an overview of the steps being taken to support the provision of healthy food and opportunities to be physically active in Early Years settings in Southampton. • Vicki Pennal, Health Visitor – Healthy Settings & Project Lead 0-19, Solent NHS Trust, Carol Bralee, Specialist Public Health Nurse and Sophie Ruffles, Health Visitor will describe the pathway to healthy weight from Pre-birth to 16 years detailing all of the steps (including the Healthy High 5 award) along the way for Southampton children. • Sarah Doling – Menu Development Manager, City Catering Southampton. City Catering provide school meals for a number of schools across Southampton. Sarah will provide the Panel with an overview of the work City Catering are doing, and associated challenges, to enable schools to comply with school food standards. • Dr Kathryn Woods-Townsend - LifeLab Programme Manager at the University of Southampton. LifeLab is a novel educational intervention designed to empower secondary school pupils through science enquiry to understand the consequences of lifestyle choices on their own health.
5.	To provide appropriate context to the discussion a number of appendices have been attached to this report. Appendices 1 and 2 provide an overview of the Southampton Health Early Year Awards whilst Appendix 3 references an example of best practice with regards to food and school meals. Finally Appendix 4 summarises the findings from a recent study by the University of Leeds into the nutritional quality of children’s packed lunches across primary schools in England.
6.	The guests invited to present information at the meeting will take questions from the Panel relating to the evidence provided. Copies of any presentations will be made available to the Panel.
RESOURCE IMPLICATIONS	
<u>Capital/Revenue</u>	
7.	N/A
<u>Property/Other</u>	
8.	N/A
LEGAL IMPLICATIONS	
<u>Statutory power to undertake proposals in the report:</u>	
9.	The duty to undertake overview and scrutiny is set out in Part 1A Section 9 of the Local Government Act 2000.
<u>Other Legal Implications:</u>	
10.	None
RISK MANAGEMENT IMPLICATIONS	

11.	None
POLICY FRAMEWORK IMPLICATIONS	
12.	None
KEY DECISION	No
WARDS/COMMUNITIES AFFECTED:	None directly as a result of this report
<u>SUPPORTING DOCUMENTATION</u>	
Appendices	
1.	Southampton Healthy Early Years Award
2.	Map of the Providers who have completed a Healthy Early Years Award
3.	Educating Magazine – Article on Park Community School from June 2018
4.	Children’s packed lunches lack nutritional quality – A study by the University of Leeds
Documents In Members’ Rooms	
1.	None
Equality Impact Assessment	
Do the implications/subject of the report require an Equality and Safety Impact Assessments (ESIA) to be carried out?	No
Data Protection Impact Assessment	
Do the implications/subject of the report require a Data Protection Impact Assessment (DPIA) to be carried out?	No
Other Background Documents: Equality Impact Assessment and Other Background documents available for inspection at:	
Title of Background Paper(s)	Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable)
1.	